

Playsheet Module One

LoveField Leadership

HOLYMAMA RETREAT FACILITATOR PROGRAMME

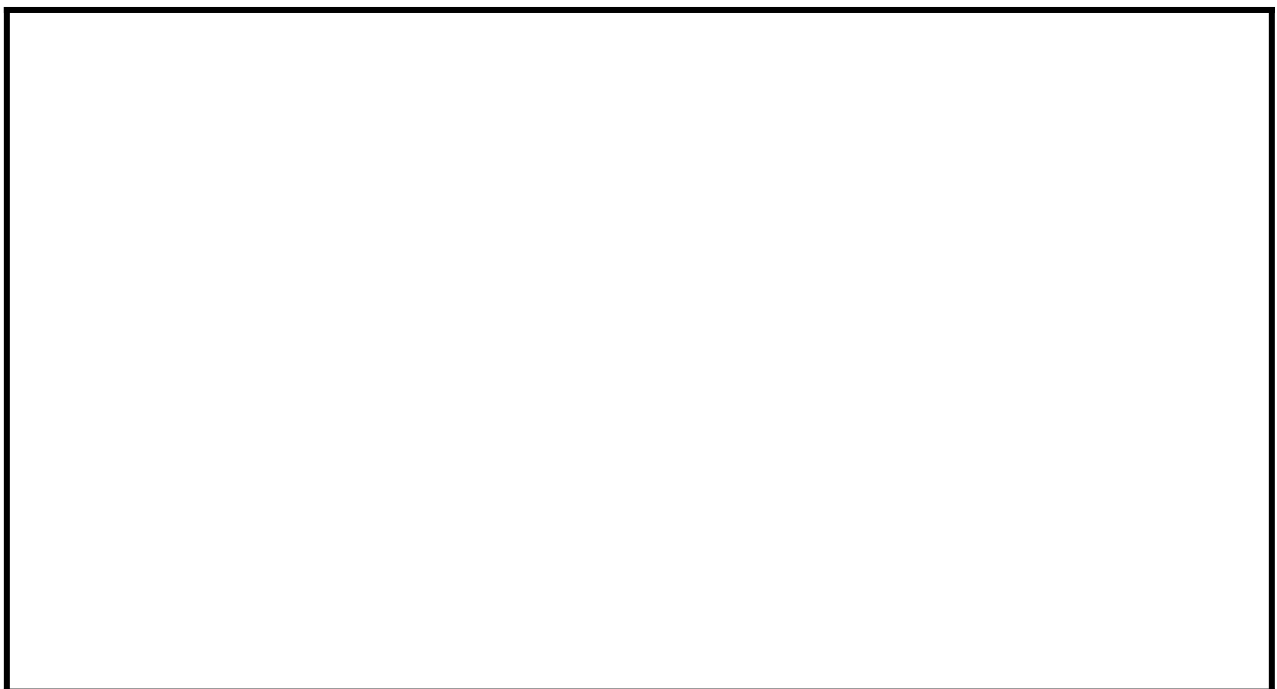
LEADERSHIP

To lead effectively is to inspire from a place grounded in self-mastery and inner power.

You must understand your purpose intimately and be able to share it and defend it at almost any cost. True leadership is never about raw power, but about the ability to awaken within others a desire to join your adventure. True leadership inspires trust, respect and admiration. It is about serving the community, by supporting and empowering your people.


A great leader does what needs doing, even if none have gone before her. She trusts her inner guidance and is clear about her boundaries. She loves, respects, and cares for herself.

Make a list of the times in your life you were called to lead



LEADERSHIP

What did you learn about your leadership abilities? What was effective?

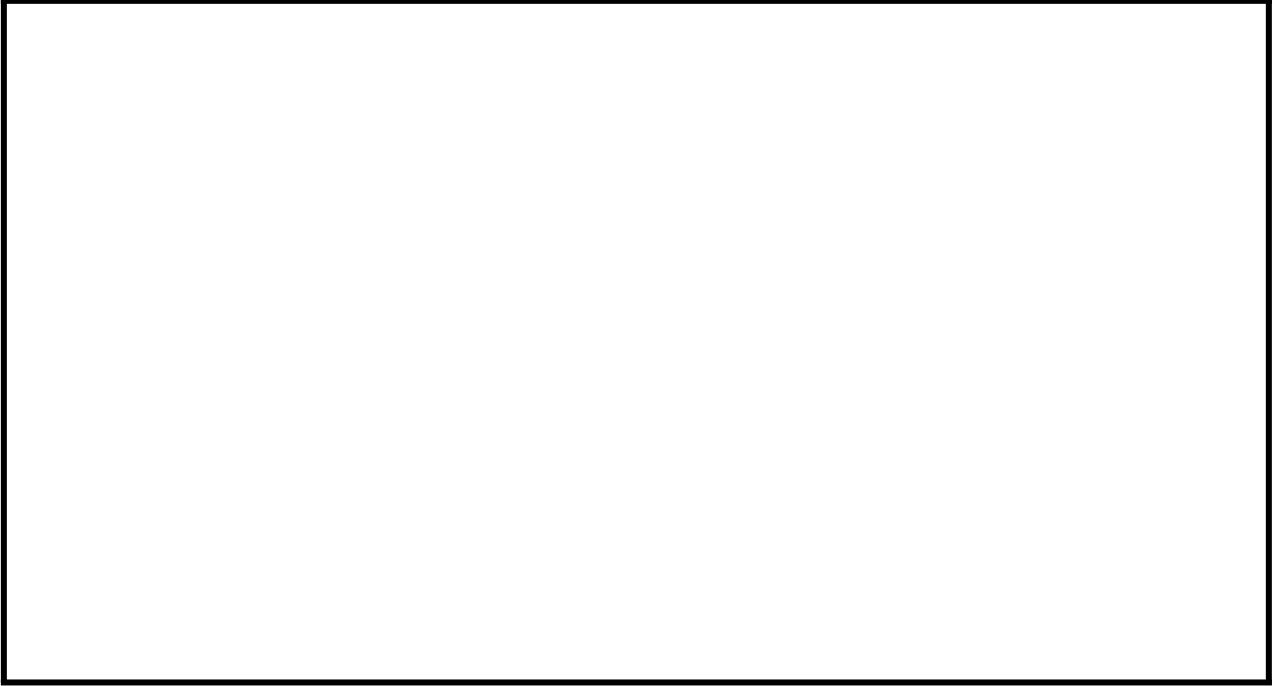
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Where were you challenged? What didn't work so well?

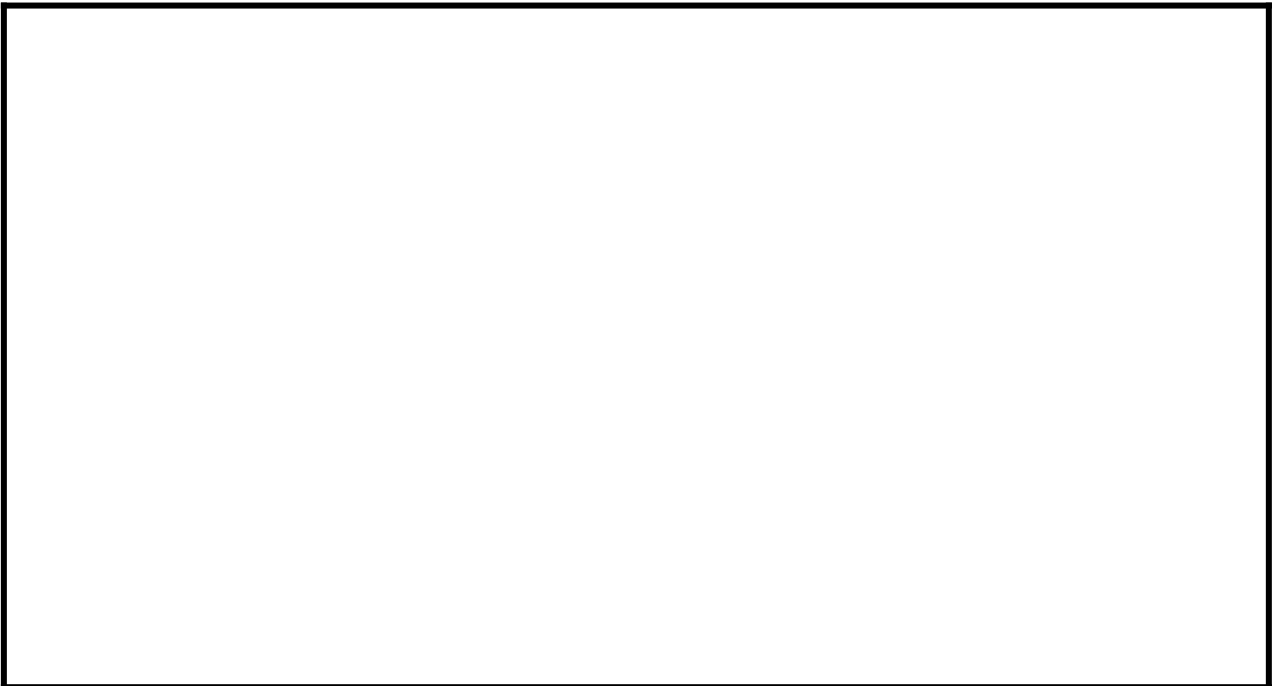
A large, empty rectangular box with a black border, intended for the user to write about where they were challenged and what didn't work so well.

LEADERSHIP

List some personal experiences when you were led by others that were positive

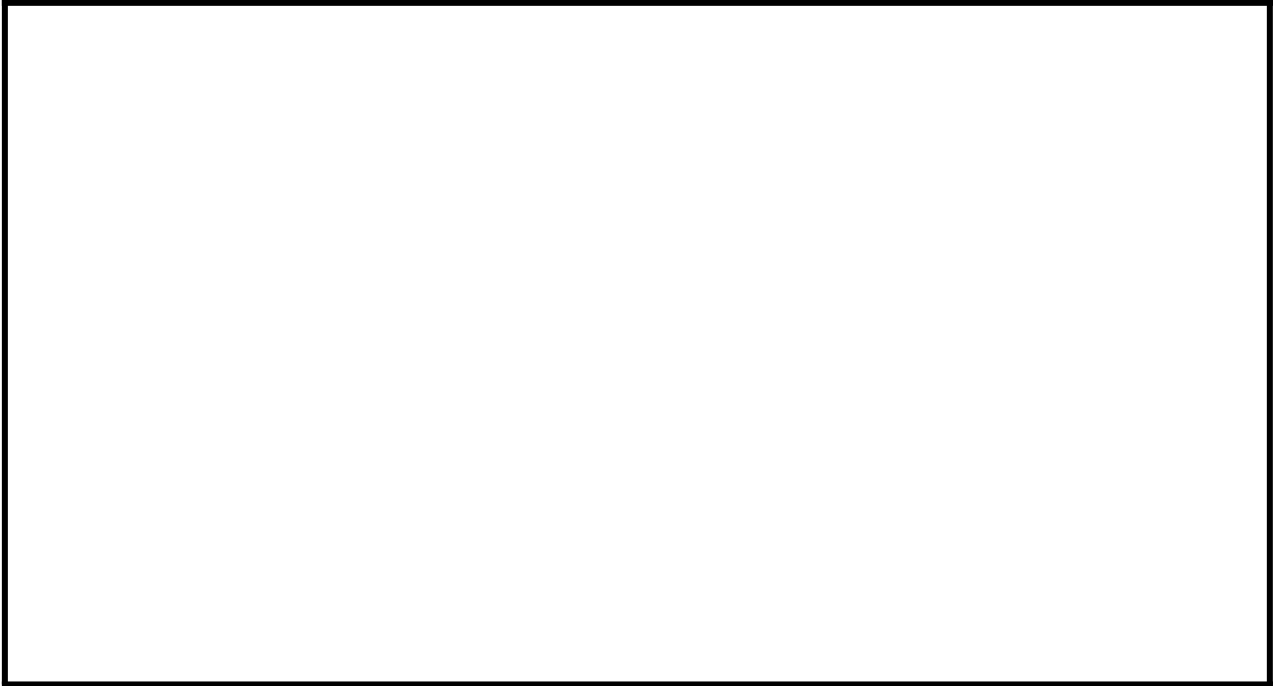


How about some negative experiences of authority? List



LEADERSHIP

Let's dial it in some more. What did those who led well do differently?

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What are some of the attributes of the kind of leader you strive to be?

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SELF MASTERY

What are your superpowers? List and then add some more



Now let's look at your blindspots. Can you name your areas of growth?

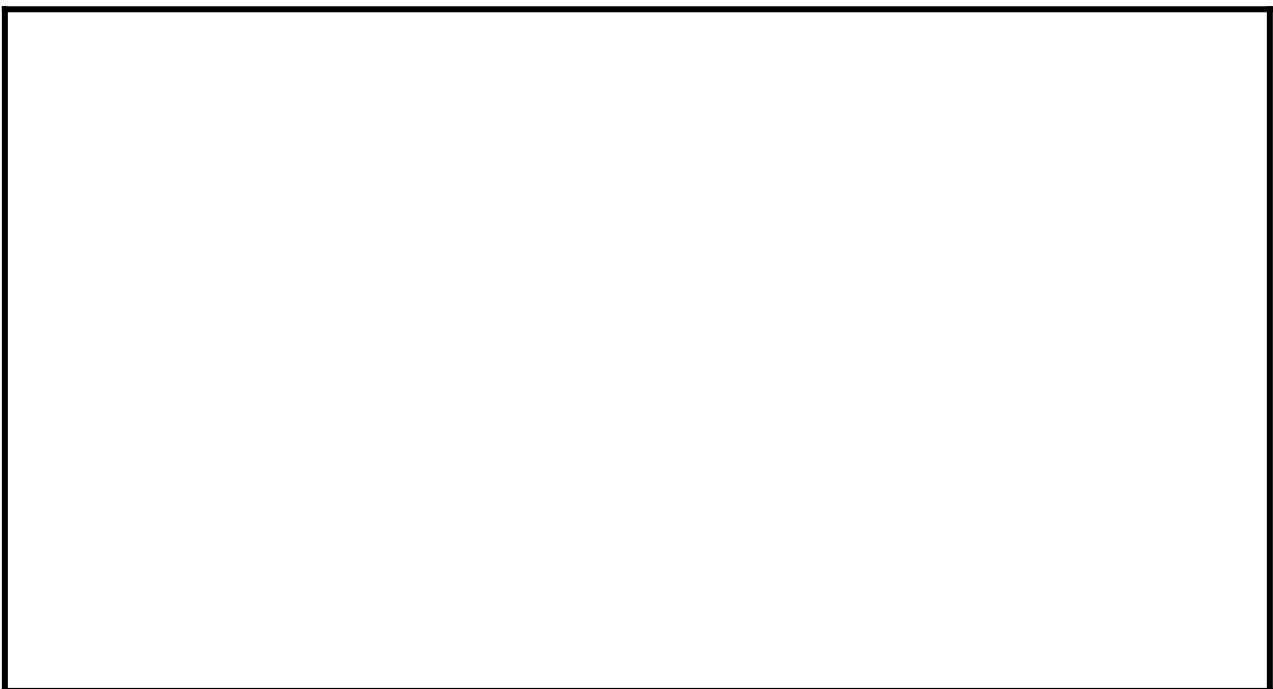


SELF MASTERY

Write down 10 things you absolutely love (it could be passions, hobbies, secret fantasies, talents etc)



Now some things you try to hide about yourself



SELF MASTERY

Which Feminine Archetypes do you most resonate with and why

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PURPOSE

Write down here your reflections from watching the Ted Talks

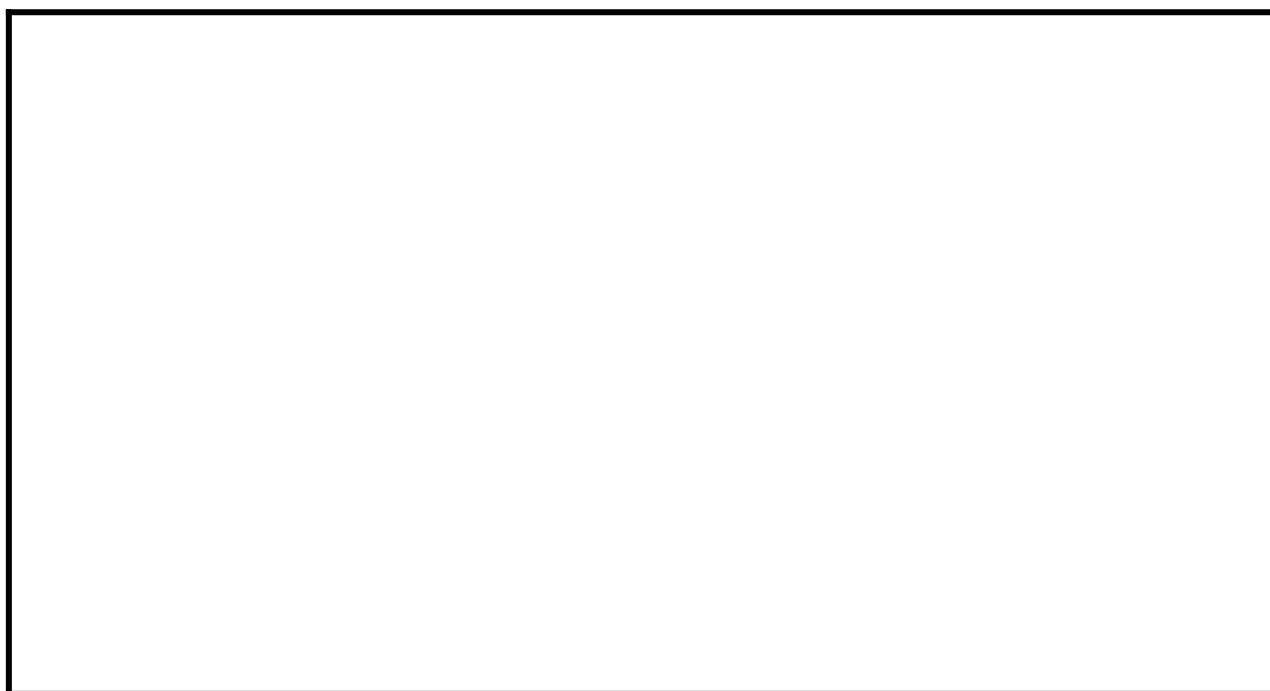
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PURPOSE

What do you want most for your soul aligned clients?


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What calls you most about this work?

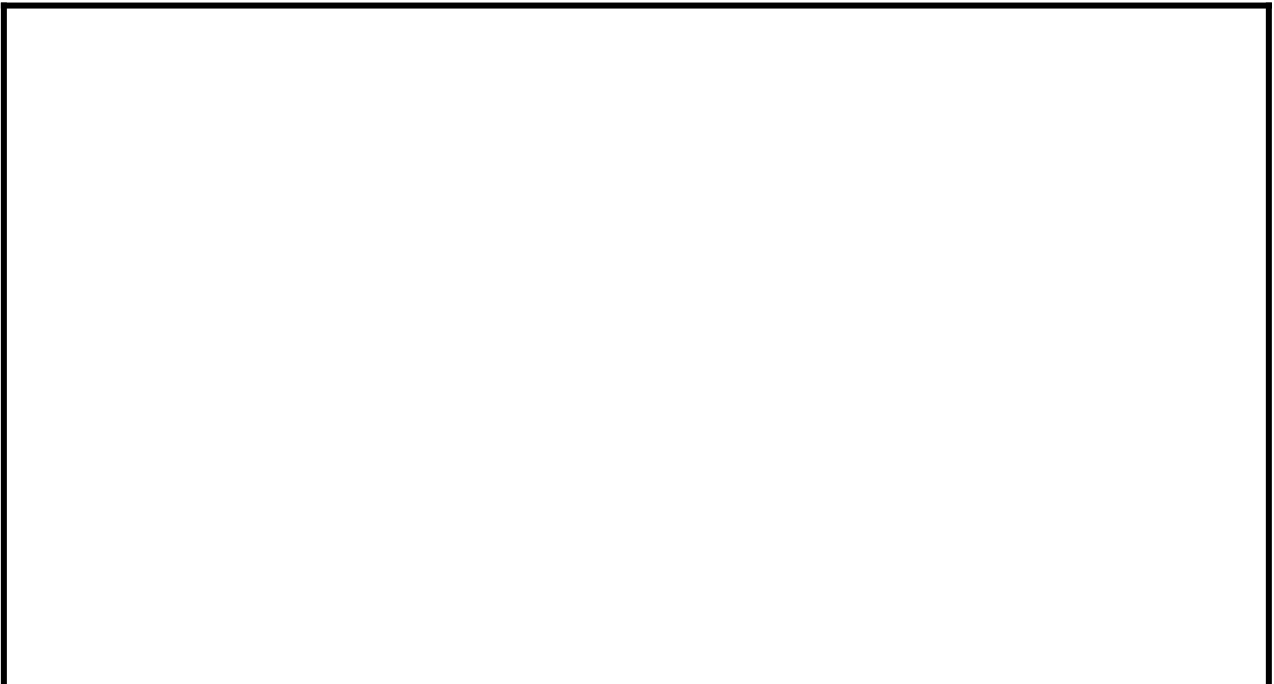
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PURPOSE

How do you want to feel leading retreats?

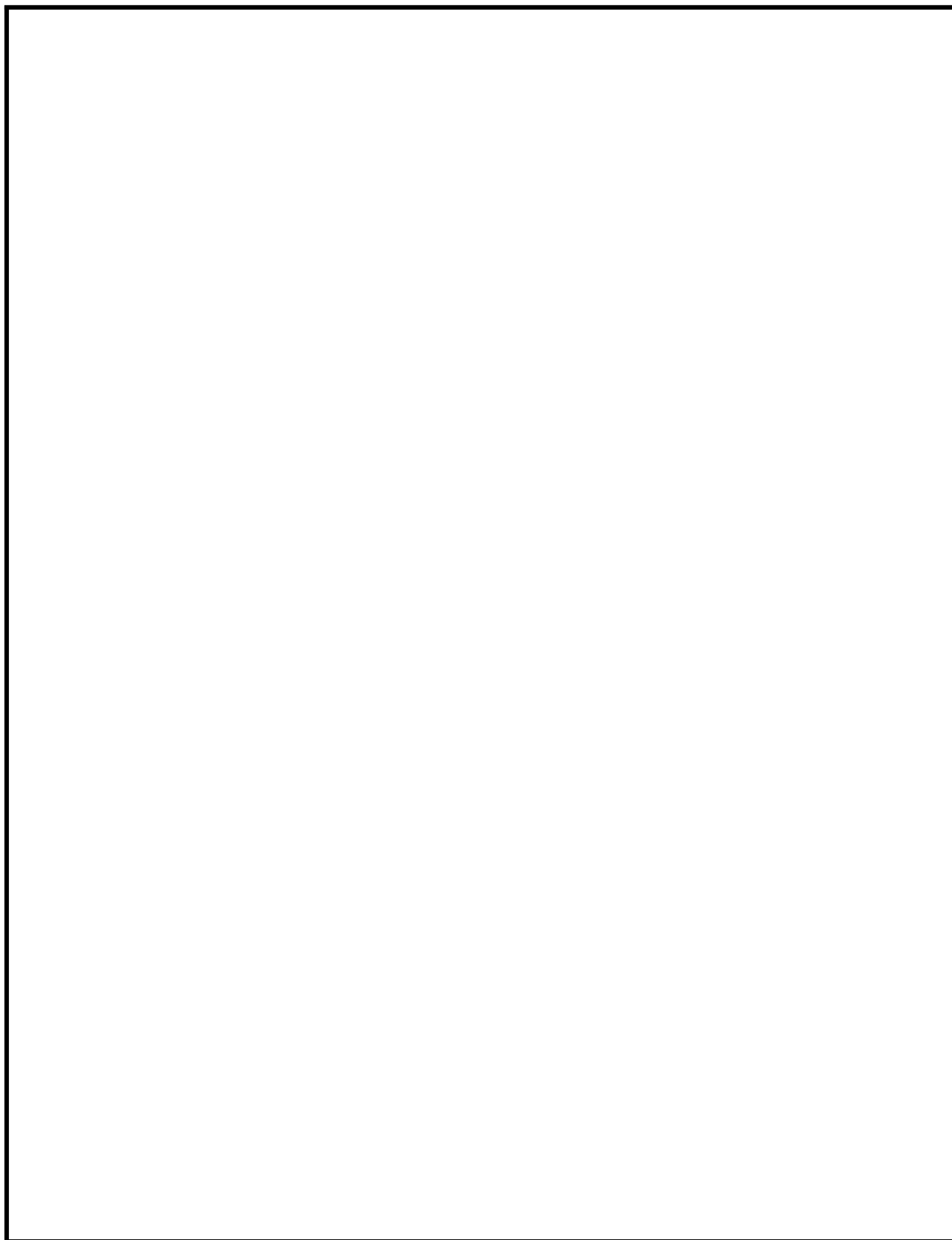
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Which specific problems will you solve on your retreats

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PURPOSE

Write a list of 'I believe' statements

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